# DRUG AWARENESS PRESENTATION Constable Joe DaSilva June 2, 2016

Following Constable Joe DaSilva's presentation to Burnsview parents he provided us with a summary of some of the drugs mentioned. He has also included a section of online/internet awareness, parent information and a resource section. Parents can also visit the Delta Police website for further resource information (www.deltapolice.ca).

## **ECSTASY**

A synthetic drug (man-made) Common names-Ecstasy, E, Molly, Party pill, Speed Ecstasy come in tablets in different colours, shapes and logos, or capsules, or crystalline powder. It is commonly ingested.

## MARIJUANA (Shatter/wax/ butter)

Drug users are creating "shatter", "dabs", "budder", or "wax", from marijuana by passing butane gas over the dried trimmings in a glass or metal tube. That process forces THC (the chemical in the marijuana that makes people high) to dissolve. It's typically pressed through a filter and turned into a solid. The result is a waxy, concentrated version of marijuana that's used in bongs, water pipes or e-cigarettes. Could easily be mistaken for some type of candy.

Often nicknamed "dabs", "budder", "honeybomb", "shatter" or "earwax" and even "pot on steroids." They can range in color and consistency. The end result has a THC concentration as high as 80 per cent.

# **LEAN (Purple drank)**

The primary ingredient is codeine cough medication. It is mixed with a soda drink like Sprite or Mountain Dew. Jolly Rancher candies may be crushed and added to give it more color and flavor. It can also be made with codeine pills that are first dissolved, then filtered into a cup.

The reason this formulation is also nicknamed "Lean" is that it causes some people to want to lean on objects for support.

#### **FENTANYL**

Fentanyl is a powerful synthetic opiate analgesic similar to but more potent than morphine...up to 80 times more potent. It is typically used to treat patients with severe pain, or to manage pain after surgery. It is also sometimes used to treat people with chronic pain who are physically tolerant to opiates. It is a schedule II prescription drug.

#### Names

In its prescription form, fentanyl is known as Actiq, Duragesic, and Sublimaze. Street names for the drug include Apache, China girl, China white, dance fever, friend, goodfella, jackpot, murder 8, TNT, as well as Tango and Cash.

When prescribed by a physician, fentanyl is often administered via injection, transdermal patch, or in lozenge form. However, the type of fentanyl associated with recent overdoses was produced in clandestine laboratories and mixed with (or substituted for) heroin in a powder form.

Mixing fentanyl with street-sold heroin or cocaine markedly amplifies their potency and potential dangers. Effects include: euphoria, drowsiness/respiratory depression and arrest, nausea, confusion, constipation, sedation, unconsciousness, coma, tolerance, and addiction.

# **SYNTHETIC MARIJUANA (spice)**

100% chemical substances (no real marijuana used), vaporised or sprayed on a mixture of herbs, spices, or organic materials. Effects are similar to cannabis. Ingredients of these blends vary and are not indicated on the product wrapping.

Names: spice, K2, Yucatan Fire, Can be smoked or inhaled.

<u>Effects</u>: euphoria, sense of well-being, laughter, sense of calm and relaxation, sociability, carelessness, enhanced sensory perception

## **XANAX**

Xanax is used to treat anxiety disorders, panic disorders, and anxiety caused by depression.

<u>Street names</u>: Xanax pills have earned the street name "bars," due to its 2 mg form as a long, white tab with flat ends. Teens may also call these "Z-Bars" or "Zany Bars." Besides the 2 mg white bars, Xanax also comes in .25 mg white ovals, .5 mg orange ovals and 1 mg blue ovals.

Other names: Xannies, xanies, Zannies, zanies, Bricks, Upjohn, Zanbars, Planks, Blue Footballs

#### <u>GHB</u>

GHB is illegally produced in home basement labs, usually in the form of a liquid that has no odor or color. It is known as a designer drug because it is specifically made for the purpose of getting people high.

Like Ecstasy, GHB is a popular drug with club-goers and those who go to "rave parties," including teens and young adults. Its side effects can be very dangerous, especially if the drug is mixed with alcohol.

Sometimes called Liquid Ecstasy, G, Georgia Home Boy, Cup.

#### **E-CIGARETTE/Vapor**

An electronic cigarette or e-cigarette is a handheld electronic device that vaporizes a flavored liquid. The user inhales the vapor which is called vaping. The fluid in the e-cigarette, called e-liquid, is usually made of nicotine, propylene glycol, glycerin, and flavorings.

# **ONLINE PURCHASING (Internet)**

Another recent problem on the rise is that some drugs such as Fentanyl are sold openly online in its pure form from China. Some are made in labs. Vendors can't be confirmed nor can purity be tested. Trying to trace the Fentanyl being sold is difficult because it comes in a small amount due to its potency and it can be shipped in various ways inside other items (Play Stations, mufflers, etc.)

#### **PARENTS:**

As a parent, if you suspect your child is using or selling drugs or both, ask yourself this:

- Has your teenager changed their normal day to day routine?
- Is your teen breaking the rules as in coming home past his curfew?
- Has their sleeping pattern changed: too much or too little?
- Has their mood changed?
- Has their health deteriorated?
- Have their grades dropped?
- Have they changed their friends?
- Do they have difficulty concentrating?
- What about their bedroom dynamics? Is there door always locked? (Parents should have access to their child's room whenever they want. It's your house and your rules.)
- Is there prescription medication in your house? Is cabinet locked? Do you count your medication? If not being used, have you disposed of it?

#### **RESOURCES**

If you, as a parent, have tried to intervene but need more help, don't beat yourself up as there are support and help centres such as:

Community Based Mental Health Centres

Regular hours 8:30 am to 4:30 pm Monday to Friday.

South Delta office: 604.948.7010 North Delta office; 604.592.3700