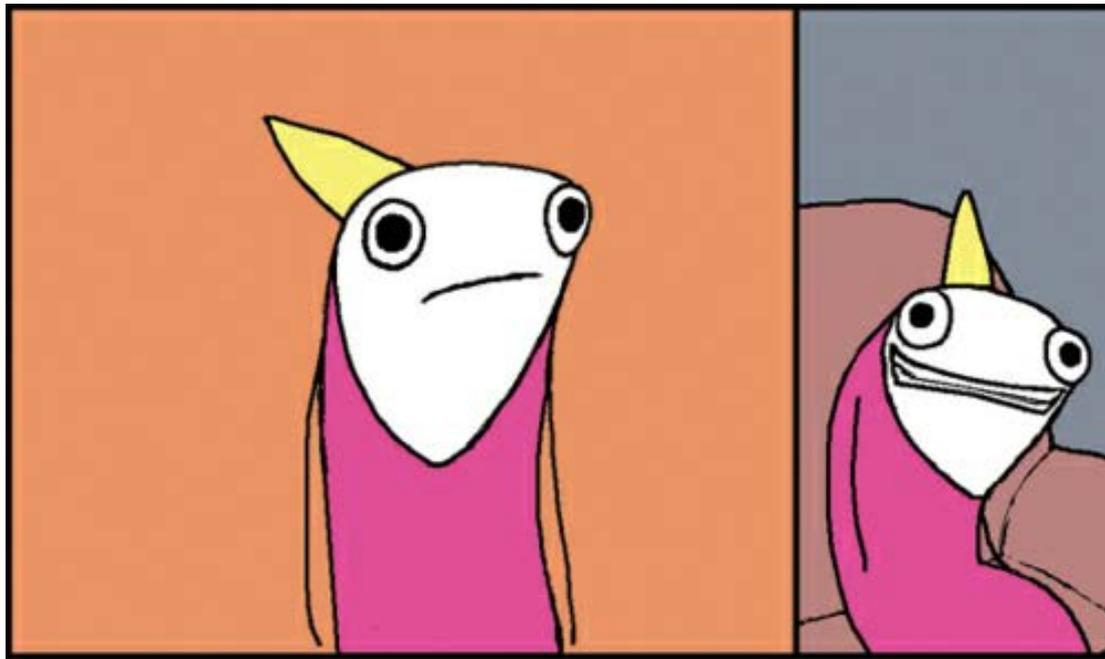


THE MOTIVATION GAME



Hyperbole and a Half
-a comic by Allie Brosh





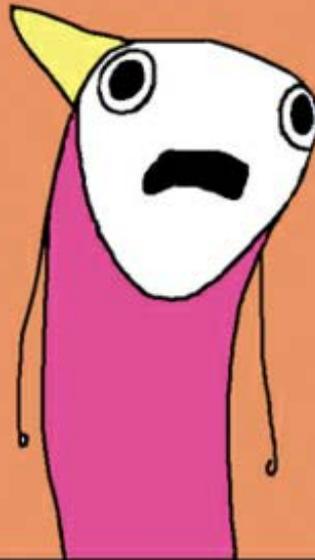
But let's pretend you can't.



you just want to trick me so I'll do the thing.

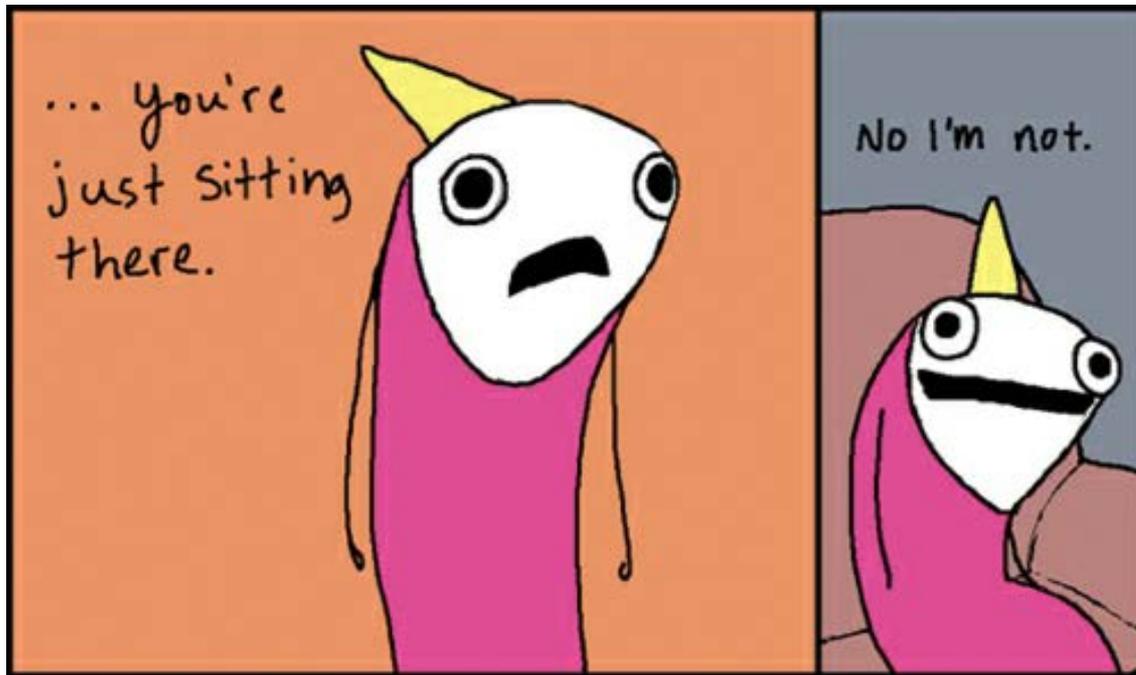


You REALLY need to do it.



Okay, I'm doing it.





Well...
everything's
ruined...



oh no!
How??



... Now you have time to “Do the thing!”

ILT is new this year at Burnsvieiw



INDIVIDUALIZED LEARNING TIME

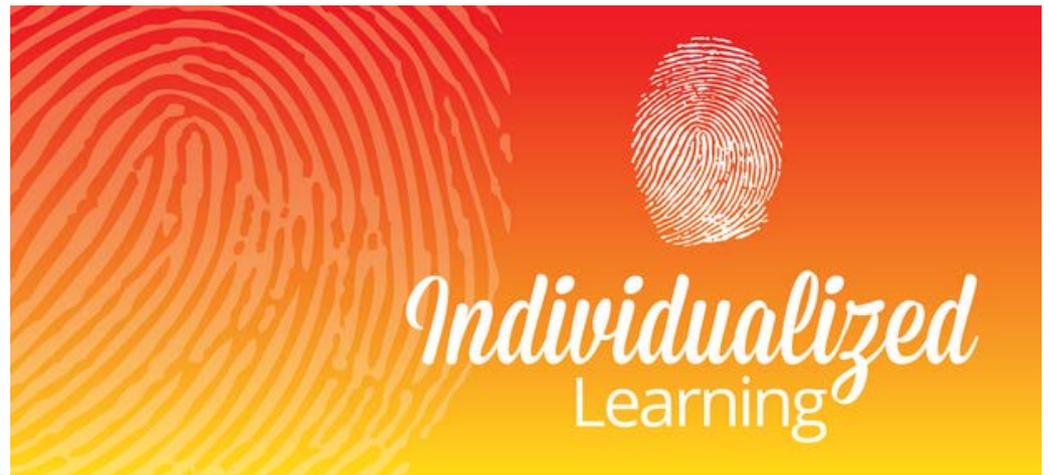


**Burnsview Secondary
School
École Secondaire
Burnsview**

What is ILT?

“Individualized Learning Time”

- ▶ A 40-minute work period, four days a week
- ▶ *“Individualized”* because **YOU** have control over what you do (or need to do)!



Why ILT?

- ▶ You are busy people, with many activities competing for your time and energy.
- ▶ We recognize this, and are giving you this opportunity to take control of your own learning!
- ▶ Choose wisely!!



Schedule

Monday, Tuesday, Thursday, Friday

| | |
|--------------|--------------|
| Welcome Bell | 8:25 |
| Period 1 | 8:30- 9:40 |
| ILT | 9:45- 10:25 |
| Period 2 | 10:30- 11:40 |
| Lunch | 11:40- 12:20 |
| Period 3 | 12:20- 1:30 |
| Period 4 | 1:35- 2:45 |

Wednesday

| | |
|--------------|--------------|
| Welcome Bell | 9:25 |
| Period 1 | 9:30- 10:35 |
| Period 2 | 10:40- 11:47 |
| Lunch | 11:47- 12:30 |
| Period 3 | 12:30- 1:35 |
| Period 4 | 1:40- 2:45 |

Why not every day?

Wednesdays will continue to have a late start (Collab for staff) so get rested and ready !



What can I do in ILT?



Stress management



Get help



Work on group projects



Individual school work



Passion project



Get caught up



Study/review



Meet up (counsellor, youth worker, admin)

Expectations

- ▶ ILT is instructional time, so you must use it as such and take it seriously
- ▶ Attendance is mandatory and will be tracked.
- ▶ You must be in a learning space for ILT.
- ▶ Responsible use of your phone
- ▶ You will remain in the class you have chosen for that day.

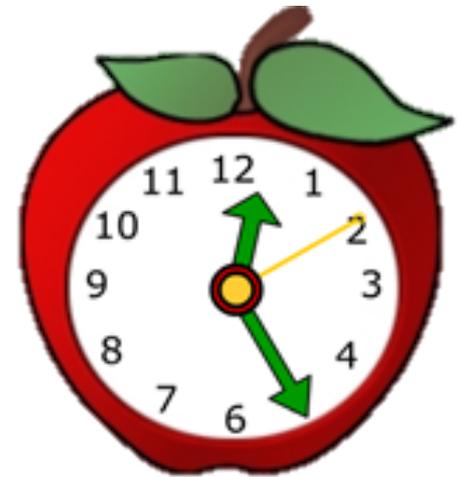


FREEDOM = CHOICE =
RESPONSIBILITY

Where did this extra time come from?

10 minutes have been taken from each of your 4 daily blocks and repurposed as Individualized Learning Time.

School wide assemblies may also make use of ILT time in order to reduce lost class time.



Reflection and Growth

- ▶ You will be expected to reflect on your learning throughout the year.
- ▶ You will then be asked to report on your learning and how you have met the ministry required Core Competencies each term.



Core Competencies





Frequently Asked Questions



FAQs



How will I be held accountable ?

- ▶ Attendance will be recorded and available to parents.
- ▶ Reflection on learning and core competencies will take place throughout the year.

Can ILT be used for meetings with clubs or sports teams?

- ▶ No. ILT is considered instructional time and is intended to support you with your curricular needs.

FAQs



If I have a study block during 1st period do I still have to find a class for ILT?

Yes. Attendance is mandatory.

Will I still have homework?

It is unlikely that you will be able to do all your homework during ILT. You should not “save” work for this time.

So...How Will ILT Work?

Each Wednesday you will be able to sign up for the ILT blocks of your choice for the subsequent week.

You decide where to go based on your needs.

Enrollment within each class is capped and attendance is recorded.

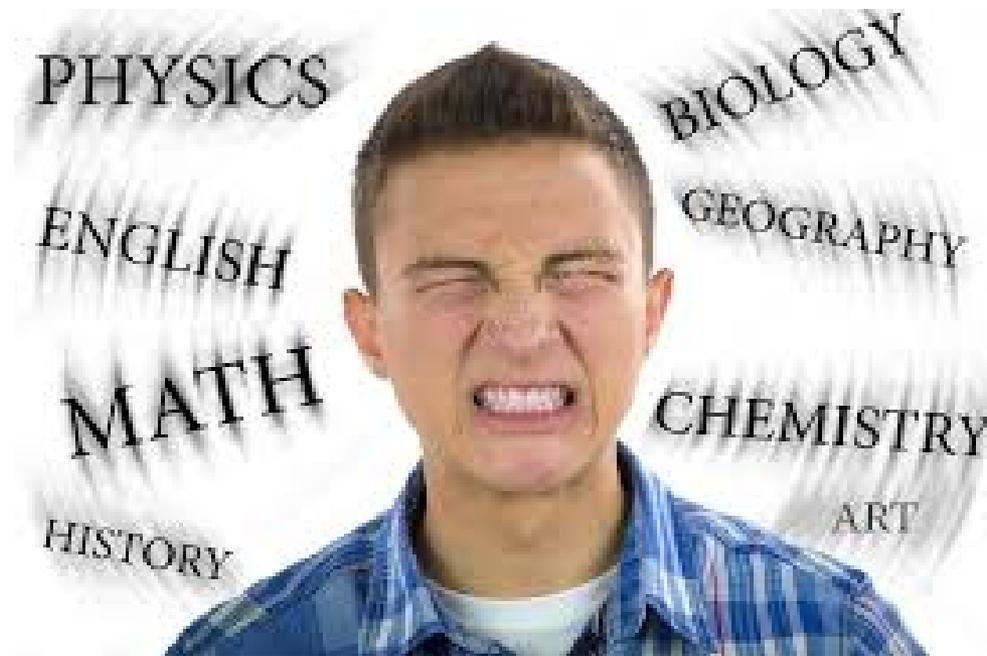


In our experience as teachers, successful students are able to :

- ☑ Manage their time well
- ☑ Study effectively



- ▶ We will be giving lessons next week about time management and study skills
- ▶ That way you'll be ready once you start having tests, assignments and life happening all at once



<https://depositphotos.com/84181200/stock-photo-teenager-under-severe-stress-from.html>

What's the plan...?

-Awards Assemblies

(Tues,Thurs)

-Lessons on

- Time management

- Study Skills

- How to sign up for ILT

ILT begins! 😊

| 2018 SEPTEMBER | | | | | | |
|----------------|-----|-----|-----|-----|-----|-----|
| SUN | MON | TUE | WED | THU | FRI | SAT |
| | | | | | | 1 |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | | | | | | |

- ▶ Talks on managing stress and perseverance will come later in the term.