

INDIVIDUALIZED LEARNING TIME

Lesson 3: Study Skills



**Burnsview Secondary
School
École Secondaire
Burnsview**



Let's see what you know about study skills!

- Go to [Kahoot.it](https://kahoot.it)
- See what you know about studying!



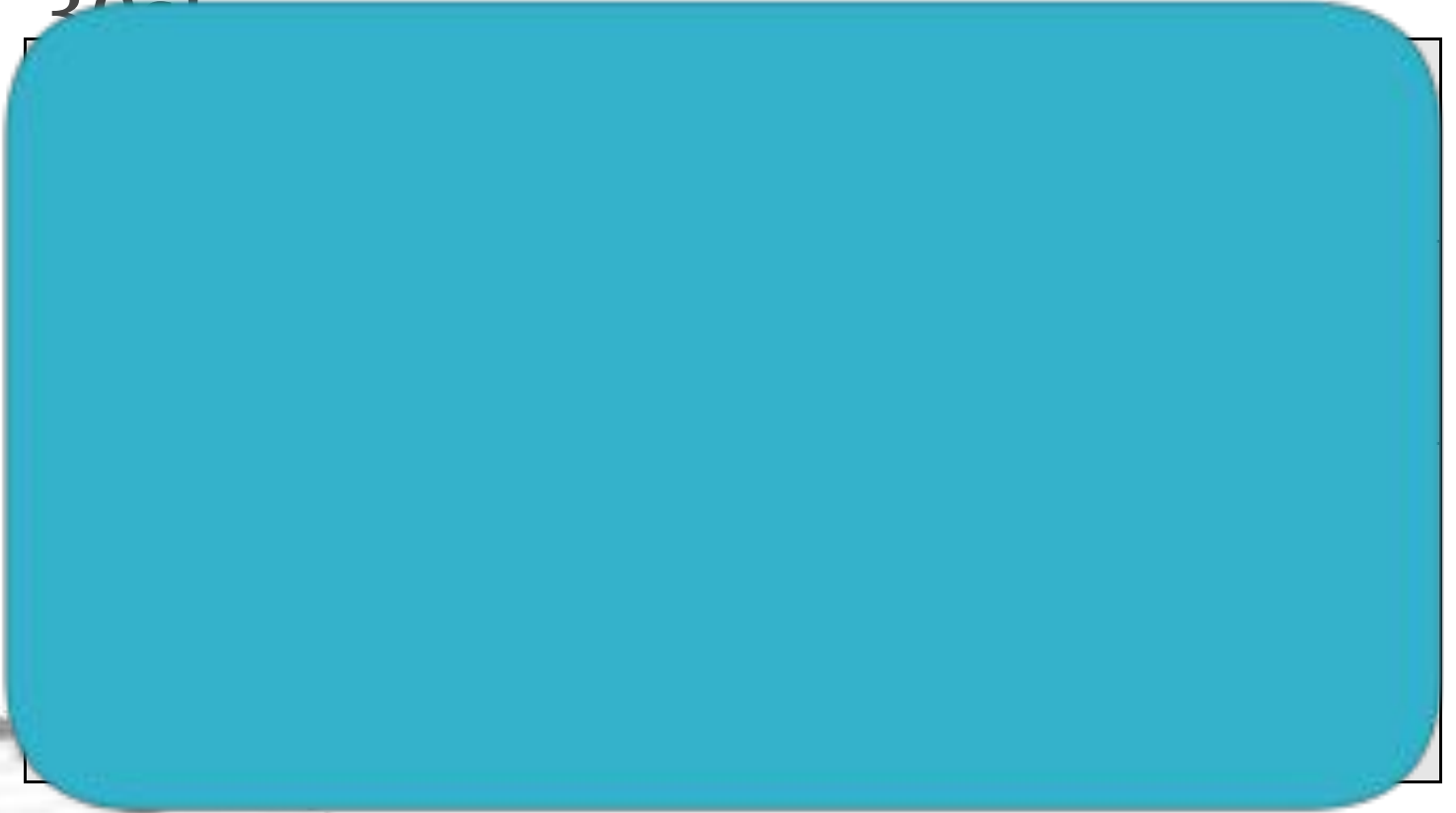
Lets play a game

How much can you remember by
“studying for only 20 seconds?”

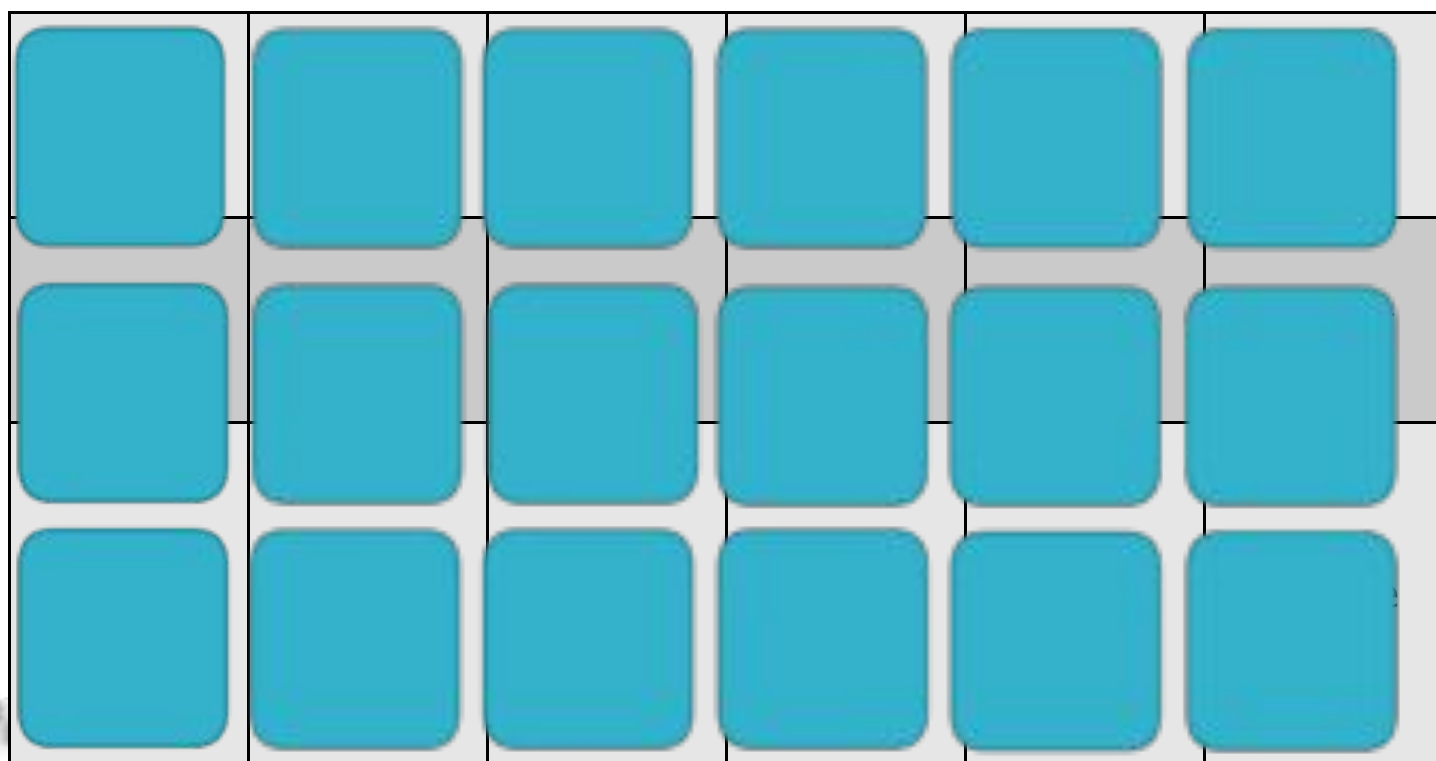


Let's Try Another One....

**Memorize as much as you can in
30s!**



Were you right?



Important Aspects of Studying

- Persistence
- Organization
- Practice Work
- Active Thinking
- Repetition
- Testing Yourself



DO NOT WAIT until a test is announced to start studying!

- Know what type of information you need to learn.

For example:

- Recall/Memorization
(e.g. vocab, verb endings, diagrams)
- Pattern recognition
(applying math formulas, grammar)
- Summarizing important information
- Analyzing a situation or a text



When and Where to study



- Make a study routine and schedule
- Where: Free of distractions
- When: Short repeated sessions (15 minutes every day is better)
- Studying is less effective when you are really tired, hungry or upset



Strategies: How to study

- Flashcards – Great for memorization!
 - Keep them simple
 - Make a routine of it (not just for cramming)
 - Use them to test yourself,
NOT just to reread



Strategies: How to study

- Redoing past practice work
 - Because seeing the right answer is not enough!
 - It helps you see if you are consistently making the same mistakes
 - Helps you become faster and more automatic
 - Helps avoid common mistakes



Strategies: How to study

- Teach someone else
 - Helps make sure you understand completely
 - You'll find out where you need more practice
 - Good for subjects that need analysis and connection (like socials, chemistry, literature!)
 - It's more fun!



Strategies: How to study

- Create a test for yourself
 - Helps identify big ideas (i.e. the important information)
 - Tests whether you actually know the information!

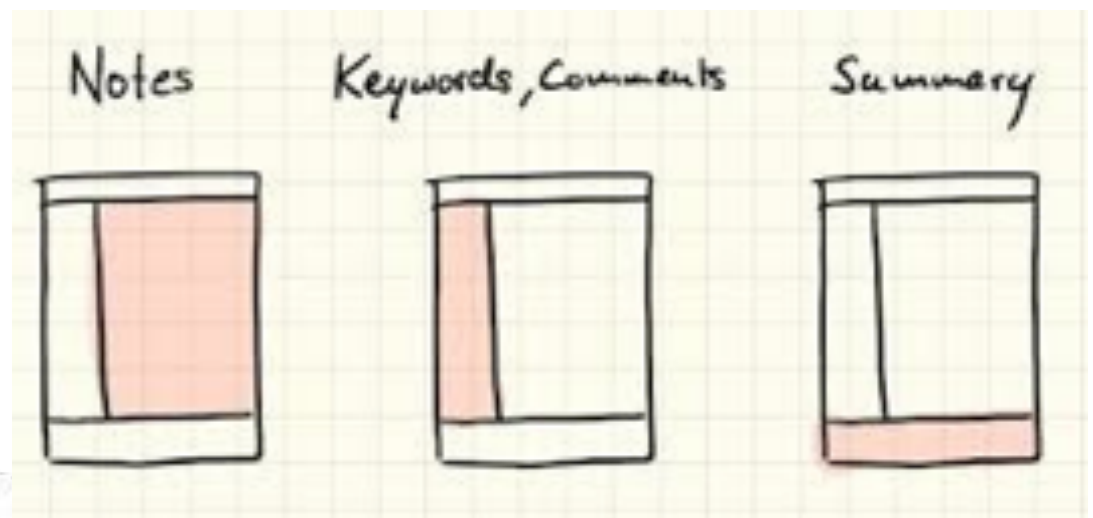


**KEEP
CALM
AND
PREPARE
FOR A TEST**



Strategies: How to study

- Summarize your notes/the textbook
 - Helps you focus as you read
 - Putting things into your own words helps you create meaning
 - Organize your notes: Cornell Note System:



Common Studying Mistakes

- Not studying at all
- Simply rereading notes
- Underlining/highlighting only
- Recopying notes as you read (not from memory)
- Skipping practice work and only ‘studying’
- Cramming



Tips For Test Taking

- Read EVERYTHING (including the instructions)
- Flip through the whole test QUICKLY to get an overview of length, types of questions, etc.
- Do all the questions you know first
- Manage your time: don't spend ages on 1 question



Tips For Test Taking

- Multiple choice: Read EVERY choice and remove the ones you know are wrong
 - Good multiple choice questions use common mistakes as possible answers, so be careful!
- Essay Questions: Make a plan
 - The extra minutes are worth it as your answer will likely have better flow and stronger ideas
- Before you hand your test in, re-read answers



Resources and Apps

- Apps/Websites for making FLASHCARDS
 - Quizlet: Allows practice, testing, games
 - Memrise: Best use is for languages
 - Anki: Hardcore flashcards!



Resources and Apps

- Khan Academy
 - (good math/science videos to explain content)
- www.cgpgrey.com
 - (really interesting videos on a variety of topics)
- <https://lop.parl.ca/About/Parliament/Education/>
 - (socials resource for government)
- The internet ...for...