

BURNSVIEW SECONDARY

École Secondaire | Secondary School PAC 2018/19

November 27th, 2018

Attendance: Jennifer Booth, Weimin Wu, Felicity Hemming, Nadine Inkster, Renee Reid, Melanie Bannister, Rassamee Ling, Don Younger

Meeting Called to Order at: 7:07

1. Welcome

2. Adoption of November 27rd Agenda

Motion to adopt: Felicity Hemming Seconded: Renee Reid

3. Adoption of Minutes (Oct 23rd 2018)

Motion to adopt: Rassamee Ling Seconded: Felicity Hemming

Reports

1. Principal's Report – Don Younger

A. School Events Breaking Down the Walls - February 5-8, 2019

History of the program:

We started presenting Breaking Down the Walls (BDWs) seminars in 1993 following a school shooting near Marysville, CA. The principal called and said, "Our students are afraid of one another. Can you help us rebuild trust on our campus?" Since our first seminar, we have visited hundreds of schools across the country and worked with tens of thousands of students. We guide students through a series of activities that help them feel connected with their school community

{PAC Meeting Notes: GOAL = connectedness as a school community. Sessions will be multigrade. This program is fully supported by Burnsview staff.}

Feedback:

"Thank you so much for sending me to Breaking Down the Walls. I learned that there are so many people who were, and still are, in the same spot as I am. That I'm not alone with my problems. And yeah, some people do have it worse, but that doesn't mean my issues aren't as real. Yes, I cried and I smiled and I laughed. I walked out of that building feeling confident, safe, wanted, worth something and like I could talk to anyone without having to be afraid."

Expected Outcomes:

Greater sense of community: After spending six hours listening to people's personal stories and sharing their own, students and staff realize everyone has a story and that we all have more in common than we might think.

A higher level of involvement: Many clients have us present BDWs every single year. Several ask us to host the week early in the school year since it kick starts the feeling of community, and helps boost the number of students willing to participate in clubs, homecoming activities and other school activities.

A better relationship between staff and students: Many students participating in BDWs gain an understanding about the person behind the title. They learn staff members and teachers have their own stories. Having a greater understanding helps to build respect. Likewise, teachers and faculty gain a new level of appreciation for their students when they learn about the trials they have overcome.

Reduced bullying and discipline issues: While prevention is hard to measure, a large number of our participating schools see a reduction in behavioural issues among the students who participate in the full-day workshop. A friendlier campus: Schools report following BDWs, there is a

lighter and friendlier atmosphere on campus. People are more kind and open to conversation in hallways and public areas.

{Questions: Renee - "Who picks the leaders?" Don - "staff & councillors" Rassamee - "Will follow-up activities be implemented?" Don - "Yes, but frequency still to be determined"}

B. Mental Health Curriculum – Grade 9

Multi-lesson program to educate students about mental health, knowing the difference between feelings and mental health issues, how to support each other and how and where to get further support. Curriculum comes from Dalhousie university and has been in place for 2 years in North Van. Currently exploring how we can bring this to Burnsview. *{6 staff are needed and will be trained on how to teach the 8 block curriculum}*

{PAC meeting notes: DYAC group surveyed students and note that students want more information on mental health issues and how to support friends. Don Younger recommends viewing Stan Kutcher's YouTube video, "Distinguishing Mental Illness from Everyday Stress". He is a researcher in adolescent mental health.}

- 2. PAC Presidents Report -Nadine Inkster
 Email address now accessible by Nadine: burnsviewpac@deltasd.bc.ca
- 3. Treasurers' Report Renée Reid
 - a) Present the Budget requests and itemize the requests.
 - b) Present the Proposed Budget for 2018/2019. Motion to approve the budget as presented for the 2018/2019 year. Second by: Nadine Inkster. Vote - unanimously in favour.
 - c) Presented the Annual Financial Statements for October 1, 2017 to September 30, 2018 for approval. Motion to approve the 2017/2018 Annual Financial Statement. Seconded by: Jennifer Booth. Vote unanimously in favour.
 - d) Treasurer is presently working on the Annual Gaming Summary report. It is due to the Gaming Commission on December 31, 2018.
- 4. DPAC Report Melanie Bannister (nil to report; was unable to attend meeting)
- 5. CPF Report submitted by Katherine Ralph
- School Event Applications (attached) for \$200 funds Deadline December 7th
- Secondary Student Event Proposals (attached) for up to \$200 Deadline December 15th
- We are **seeking a Chalmers CPF rep** and hoping that there may be a BU parent with multiple children at both schools that would like to join our chapter.
- Upcoming French Immersion Info Nights Early Immersion Dec 4 @ BU, Dec 5 @ SDSS, Late Immersion – Jan 29 @ BU, Jan 30 @ SDSS
- Charlotte Diamond Shows Jan 26 @ BU, Jan 27 @ SDSS Tickets will be through EventBrite \$3-5 each
- Still seeking an instructor for a Spring French for Parents series of evening classes
- Looking to partner with a community organization such as FVRL to provide family events that incorporate art/games/story-time in french
- Meeting over the Winter break to plan ideas for a Summer French camp. This would be geared to elementary aged kids but CPF would need secondary French speaking students as volunteers (letter of hours would be provided)
 - French Immersion Program Review Phase one (online surveys) and Phase two (face-to-face Focus Groups) have all now been completed and the Consultant is now preparing her report. I will let you know when I hear anymore. The online surveys were very well responded. ~500 students and ~350 parents replied. 85% of students said that they had a positive experience in French Immersion. From the focus group I attended I heard from the group that parents wanted more inclusion and awareness of the specific day to day curriculum and assignments.

6. DRY GRAD update – Felicity Hemming More volunteers are needed.

Questions about the fee per student (increased from \$8 to \$10) were raised at a recent meeting but were not well received. Dry Grad Exec state there are increased security fees and they are of the understanding that Gaming Revenue allotments were increased recently. Renee Reid, our Treasurer of many years says there has NOT been any increase in funds.

7. Emergency Preparedness – no report

Business Arising from Past Minutes

*Don has verified that student registration on ILT schedules can be checked on Parent connect. {The ILT block is an opportunity for students to study, complete assignments or get additional help from teachers as needed.}

New Business - nil

Meeting adjourned at 8:18 pm

Next Meeting Tuesday January 22nd, 2019 7pm Library

PAC 2018/2019

Jan 22 Feb 26 April 23 May 28 - AGM